

STEP AND FOLD

We start in a wave. A wave is a “general line”. In other words, a 1 X 4 matrix.

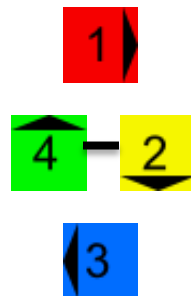


Now, the center dancers (2 and 3) step straight ahead, while the ends fold. Remember, when you fold it is a 180 degree turn. The “folders” will end up facing the wall that was at their back when they started. The result is a box of 4.

(a 2 X 2 matrix)



When we start in a diamond, those holding hands are centers, the points are the ends.



So those holding hands (2 and 4) step straight ahead, while the others fold to end in a 2 X 2 (T-Bone).



CONCENTRIC STEP AND FOLD

We Start in a tidal wave (a 1 X 8 matrix)



The centers (1 x 4 matrix) do the step and fold to end in a 2 X 2.

The ends start in a separated 1X4 to end in separated 2 X 2 box. This means the ends have some “adjusting” to do!



The adjustment made by the ends applies to single wheel and a couple of others as well.

This adjustment (ends part) is also used in CHECKPOINT and FASCINATING at C2